



## **ARMY INSTITUTE OF EDUCATION**

NAAC ACCREDITED & ISO CERTIFIED INSTITUTE
Plot M-1, Pocket P-5, Sec. CHI, Greater NOIDA

## FIT INDIA MOVEMENT OBSERVED AT AIE ON NATIONAL SPORTS DAY

Army Institute of Education, Greater Noida organized celebrated the National Sports Day on 29 Aug 2019. This day was attended by the students of 2019-21 batch as well as the faculty members of AIE. The purpose was to aware the students about the significance of National Sports Day as well as the importance of Physical Activity in our day to day life, and our whole hearted support for "Fit India Movement".

The day was started with the **special assembly** prepared by Pragya House on the occasion of birth anniversary of hockey legend **Major Dhyan Chand** which is celebrated as National Sports Day in India. In assembly student teacher were delivered skit and speech to as their tribute to Major Dhyan Chand. They enlightened the gathering with life incidents of Major Dhyan Chand and about their hockey skills to whom India Proud on him. who won gold medals in Olympics for India in the years 1928, 1932 and 1936. He scored over 400 goals in his career, from 1926 to 1948.

After the morning assembly, all the staff of AIE including all academicians & non-teaching staff all were gathered for support to "**Fit India Movement**" which is **inaugurated by Prime Minister Narendra Modi** saying the initiative is the need of the hour and will take the country towards healthier future. Speaking at the event, PM Modi said, "A fit mind in a fit body is important." PM Modi further said lifestyle disease are on the rise due to lifestyle disorders and we can ensure we don't get them by being fitness – conscious.

Thereafter AIE organized Friendly **Basketball Match** to promote sports sprit among their students of batch 2019-21. Two team were divided among them under the supervision of Mr Rahul Kumar, Assistant Professor (Physical Education and Sports). All the faculties member with Dr Tania Gupta, Principal AIE joined the student-teachers for the basketball match to encourage them.







"Fit India Movement" Live Telecast on National Sport Day





Basketball Match Organized on National Sports Day at AIE